What is claimed is:

- 1. A bi-directional broadband communication system suitable for exchanging audiovisual content information between remote locations, comprising:
 - a first interactive audio-visual appliance at a first location;

one or more collection elements operably coupled to the first interactive audio-visual appliance and suitable for collecting one or more physiological data; and

a second interactive audio-visual appliance at a second location;

wherein during a remote communication mode of operation of the first interactive audio-visual appliance a user can select to transmit via a bi-directional broadband transmission media to the second interactive audio-visual appliance the one or more physiological data collected by the one or more collection elements.

- 2. The system of claim 1, wherein the first interactive audio-visual appliance is a set-top box.
- 3. The system of claim 1, wherein the bi-directional transmission media coupling the first and second interactive audio-visual appliances comprises the Internet.
- 4. The system of claim 1, wherein in response to receiving the one or more physiological data transmitted by the first interactive audio-visual appliance during the second mode of operation, a second user of the second interactive audio-visual appliance can select to transmit audio-visual information to the first interactive audio-visual appliance via the bidirectional transmission media.

- 5. The system of claim 1, wherein the remote communication mode of operation is entered in response to the user of the first interactive audio-visual appliance selectively activating a mode selection element of the first interactive audio-visual appliance.
- 6. The system of claim 1, wherein said system further comprises:

 one or more databases, coupled to the second interactive audio-visual appliance, to
 which the one or more physiological data transmitted to the second interactive is stored.
- 7. The system of claim 1, wherein the one or more physiological data is merged with an electronic medical record in the one or more databases.
- 8. A bi-directional broadband communication system suitable for exchanging audiovisual content information between remote locations, comprising:

a first interactive audio-visual appliance at a first location having a first mode of operation, a second mode of operation, and a mode selection element for allowing a user of the interactive audio-visual appliance to selectively enter the first and second modes of operation;

one or more collection elements operably coupled to the first interactive audio-visual appliance and suitable for collecting one or more physiological data;

a content server coupled to the interactive audio-visual appliance and having access to a content database; and

a second interactive audio-visual appliance at a second location;

wherein during the first mode of operation a user of the interactive audio-visual appliance can receive audio-visual content information selected by the user and received from the content database of the content server;

wherein during the second mode of operation the user of the interactive audio-visual appliance can select to transmit via a bi-directional broadband transmission media to the second interactive audio-visual appliance the one or more physiological data collected by the one or more collection elements.

- 9. The system of claim 8, wherein the first interactive audio-visual appliance is a set-top box.
- 10. The system of claim 8, wherein the bi-directional transmission media coupling the first and second interactive audio-visual appliances comprises the Internet.
- 11. The system of claim 8, wherein in response to receiving the one or more physiological data transmitted by the first interactive audio-visual appliance during the second mode of operation, a second user of the second interactive audio-visual appliance can select to transmit audio-visual information to the first interactive audio-visual appliance via the bidirectional transmission media.
- 12. The system of claim 8, wherein said system further comprises:

 one or more databases, coupled to the second interactive audio-visual appliance, to
 which the one or more physiological data transmitted to the second interactive is stored.
- 13. The system of claim 12, wherein the one or more physiological data is merged with an electronic medical record in the one or more databases.
- 14. An interactive audio-visual appliance, comprising:

a control element;

an interface element controlled by the control element by which a user of the interactive audio-visual appliance selectively controls operation of the interactive audio-visual appliance during a first mode of operation and a second mode of operation of the interactive audio-visual appliance;

a mode selection element controlled by the control element for allowing a user of the interactive audio-visual appliance to selectively enter the first and second modes of operation;

a plurality of ports controlled by the control element and suitable for accepting one or more physiological data collected by a plurality of corresponding probes coupled to the plurality of ports;

wherein during the second mode of operation the user of the interactive audio-visual appliance can select to transmit via a bi-directional broadband transmission media to a second interactive audio-visual appliance the one or more physiological data presented to the plurality of ports;

- 15. The appliance of claim 14, wherein the interface element is a control panel operable to receive selection inputs to the interactive audio-visual appliance.
- 16. The appliance of claim 14, wherein the interactive audio-visual appliance is a settop box.
- 17. The appliance of claim 14, wherein the bi-directional broadband transmission media comprises the Internet.

- 18. The appliance of claim 14, wherein during the first mode of operation the user of the interactive audio-visual appliance can receive audiovisual content information selected by the user and received from a content server.
- 19. The appliance of claim 14, wherein in response to receiving the one or more physiological data transmitted by the interactive audio-visual appliance during the second mode of operation, a second user of a second interactive audio-visual appliance can select to transmit audio-visual information to the interactive audio-visual appliance via the bidirectional transmission media.
- 20. A method for transmitting physiological content between remote locations, comprising:

collecting one or more physiological data;

providing the one or more physiological data to a first interactive audio-visual appliance at a first location during a remote communication mode of the first interactive audio-visual appliance;

transmitting the one or more physiological data from the first interactive audio-visual appliance to a second interactive audio-visual appliance at a second location during the remote communication mode of the first interactive audio-visual appliance via a bidirectional broadband transmission medium.

21. The method of claim 20, further comprising:

during a normal mode of operation of the first interactive audio-visual appliance, the first interactive audio-visual appliance receiving audiovisual content information selected by a user of the first interactive audio-visual appliance from a content server.

22. The method of claim 20, wherein in response to receiving the one or more physiological data transmitted by the first interactive audio-visual appliance during the second mode of operation, a second user of the second interactive audio-visual appliance transmitting audio-visual information to the first interactive audio-visual appliance via the bidirectional broadband transmission media.